



10 minute

sensitive skin rescue

Restore, hydrate
and relieve skin
sensitivity.

• facefit

time:



2
MIN.

directions:

- 1 Cleanse the skin by applying an almond sized amount of **PreCleanse Balm** and manipulate then emulsify and remove with damp esthetic wipes.
- 2 Apply 1 pump of **UltraCalming™ Cleanser** mixed with water, lightly manipulate and remove with damp esthetic wipes.
- 3 Apply **Redness Relief Essence** and perform pressure point movements.
- 4 Apply ½ tablespoon **Clinical Oatmeal Masque** with a few drops of **Calming Botanical Mixer**.

Modality Option: Use ultrasonic blade on penetration mode to enhance the treatment.
Remove with damp esthetic wipes.
- 5 Apply **Redness Relief Essence** then **Barrier Defense Booster** and follow with **Calm Water Gel**. Finish with **Super Sensitive Shield SPF 30** and/or **SkinPerfect Primer SPF30**.



1
MIN.



2
MIN.



2
MIN.



2
MIN.

time:



directions:

6 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.

1 + 2
prescription

1 - Priority Product	2 - Secondary Products
<p>Calm Water Gel Weightless water-gel moisturizer.</p>	<p>Redness Relief Essence Redness-reducing essence.</p> <p>Barrier Defense Booster Nourishing restorative oil.</p>